



This week's news from ERIC

# Rotary Club of Edenvale



## The Apple & Figleaf

Monthly Newsletter of the Rotary Club of Edenvale



ROTARY SERVING HUMANITY

31<sup>st</sup> January, 2017

NPO: 124 706 PBO: 930044361

Vol 07 2016-17

We meet every Monday at 18h30 at Mongo's Portuguese Restaurant, 2 Sunrock Place, Edenvale.  
*Visitors Welcome although **BOOKING IS ESSENTIAL***  
**Secretary:** Linda Clarke 082 929 5142 [linda@lindaclarke.co.za](mailto:linda@lindaclarke.co.za)



In December ERC donated wheelchairs to Little Eden Residents Longise Simelane and Snethemba Gift Kubheka so that they could go home to Mpmulanga for Christmas. Without the wheelchairs Longise and Snethemba's family wouldn't have been able to transport them for the journey and care for them at home

## **“All roads lead to Santiago - A journey on foot”**

Edenvale Rotary Club hosted a talk on Monday 23rd January by Rotarians John and Annalie Anticevich when they shared with visitors their experiences of a unique overseas holiday when they walked 560kms of the Camino Santiago during July 2015, completing it in 26 days.

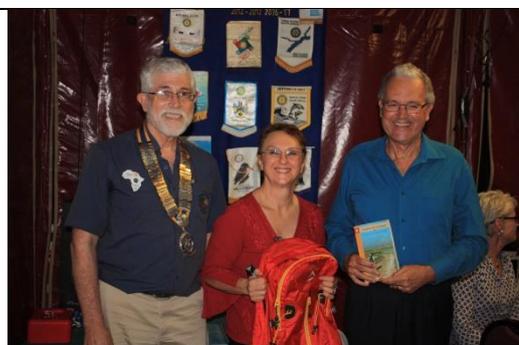
Regarding the Camino as a pilgrimage, thousands of people from many different nations each year are walking on this, a heritage area in Northern Spain.

Although the pilgrims on the Camino de Santiago mostly walk from town to town, this tour may be done by bicycle, bus, train or car.

There are several routes in the area; John and Annalie took the popular one which is the French route over hills. In the photograph Annalie is shown holding a 30 litre rucksack which they carried everything in (excluding food) but including water, biscuits and 3 sets of clothes. There was very little shade with temperatures exceeding 30 degrees as they walked from town to town. They averaged 4 km/hr and walked 22 – 25 kms per day. Due to the heat they set out at 6.30 am. On arrival at their appointed place to sleep they were able to safely leave their belongings whilst they enjoyed a shower and had their evening meal.

Prior to the walk they had to obtain a “Pilgrims Passport” which entitled them to food and shelter when presented to the folk in Spain. This passport was stamped in various locations as they journeyed on the walk.

They said that the trip was a life changing experience and gave them time to reflect and think.



President Garth Trumble with Annalie & John

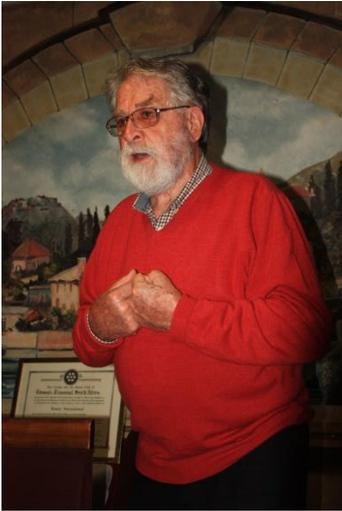


45+ Visitors enjoying meal and fellowship



## Club Projects & Events

### Manche Masemola



Father Alan and representatives of the church recently attended an ERC club meeting to give feedback on the happenings at Manche Masmola. He reported that in its 20<sup>th</sup> year of existence there is promise of a new beginning. There is a new Board, Archdeacon and 3 assistant priests.

There are currently 7 children in the day-care centre and 15 in Aftercare.

There are, however, challenges in that it is difficult for local residents to gain access to Manche as there are no taxis in the area and the bridge crossing the spruit from Alex collapsed 5 years ago. An Environmental Assessment has been carried out and approaches have previously been made to the appropriate Counsellor to no avail.

Recently ERC held the Rotary Family Health Day at Manche where many people were able to receive free health screening and immunization. So many of the disadvantaged could have benefited from this had there been access and transport to take them there.

In the interim the Board are to approach Rembrandt Park Primary to tell them about the Aftercare center.

### Edenvale Child Welfare

Jane and Garth recently met with staff and Principal of the crèche which serves the needs of the underprivileged in the community.

They urgently need: -

Burglar guards on all the windows.

Net curtains throughout.

Duplo blocks.

Counters for the children (bottle tops will do - **urgent**)

Containers eg. Yogurt cups.

A computer.

A GPS for the social worker.

Crayons especially red, black and yellow.

Creosote the jungle gym.

Play dough

Carpet.

If anyone can assist with meeting these needs please contact Secretary Linda on 082 929 5142.

## **Humanitarian Center**

Jane continues to do her monthly duty sorting books and is now assisting every Thursday sorting linen.

## **Rotary International**

### **Some Facts About Rotary International:-**

#### **We Connect People**

- Rotary unites more than a million people; Through Rotary clubs, people from all continents and cultures come together to exchange ideas, and form friendships and professional connections while making a difference in their backyards and around the world.
- There are 1.2 million members and 35,000+ Clubs

#### **We Transform Communities**

- We take action locally and globally; Each day, our members pour their passion, integrity, and intelligence into completing projects that have a lasting impact. We persevere until we deliver real, lasting solutions.
- There are 16 million volunteer hours each year

#### **We Solve Problems**

- No challenge is too big for us; For more than 110 years, we've bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease.
- 2.5 billion children have been immunized against polio

#### **Causes**

- fighting disease, promoting peace, providing clean water saving mothers and children, supporting education, growing local economies



Bedfordview & Edenvale News  
Kempton Express  
Tame Times  
Get It East Rand  
Edenvale Radio  
Local Focal  
Greenstone Guide

## For your continued support!

### WE NEED YOU



The club extends an invitation to any person who would like to find out more about the club and the work it does. You are invited to attend our meetings and enjoy a meal and fellowship. If you are inquisitive, curious or interested – or have never been invited to become a Rotarian – please come along and meet the team. Come along and learn more about what we do and possibly become part of the solution to issues in your community.



You may not wish to commit to being a member but you may wish to become a **friend of Rotary** by donating your time, services or expertise. Please contact Linda on 082 929 5142 or [linda@lindaclarke.co.za](mailto:linda@lindaclarke.co.za) **urgently** to learn more about the club and it's projects.

#### Edenvale Senior Citizens Association

Community Centre, cnr. van Riebeeck Avenue and 2nd Street, Edenvale (opposite KFC)

Yearly subscription - R140 per year

Home-Style 2 course Lunches served every day (except every second Thursday)

Lunch cost - R35 members/R40 non-members

Activities: Yoga/Knitting Circle/Choir/Art Classes/Chair Exercises  
(extra Minimal monthly charge)

Ladies Gym - extra monthly charge

Senior Citizens Fitness Association - Dancing - extra monthly charge  
Table Tennis

Cards

**Contact Lenie - 011-456 7608 for further information**

## Tailpiece

### Derivations of Sayings

1. In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase "goodnight, sleep tight".
2. It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this period was called the honey month or what we know today as the honeymoon.
3. In Scotland, a new game was invented. It was entitled Gentlemen Only Ladies Forbidden....and thus the word GOLF entered into the English language. (Rubbish!)

## Club Calendar

Date	Time	Event	Venue
27 <sup>th</sup> February 2017	18.30	Long Term Rotary Youth Exchange Student Angela Droppa will share her experiences of her time in France	Mongo's Portuguese Restaurant 2 Sunrock Place, Sunnyrock, Edenvale
27 <sup>th</sup> March 2017	18.30	Talk by Rotarian Margie Evans Come find out what it is like to be in the heart of Rio de Janeiro during the Rio Carnival'	Mongo's Portuguese Restaurant
27 <sup>th</sup> May, 2017		Gala Dinner  Lindiwe Hani (Chris Hani's daughter) is our guest speaker – she will share with us her experiences growing up with her Father in Exile	TBA

### **NB Booking is essential**

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